

Strangulation Questionnaire

If at any time during an intake, the client discusses or discloses being 'choked' or strangled during an incident, discuss questions. This is a guide to better understand the dangers of strangulation.

1.) Has the abuser strangled/choked you more than once?

- 1 time
- 2 to 3 times
- 4 or more times
- Unsure

Notes:

2.) When you were previously strangled/choked what method was used?

- Yes- with hands, arm, other body part (manually)
- Yes- with rope, cord, or something placed around the neck

Notes:

3.) Did you experience any of the following while you were being strangled/choked? Check all that apply.

- Changes in vision or hearing
- Feeling lightheaded or dizzy
- Pass out or Black out
- Wake up not remembering what happened
- Difficulty breathing
- Unsure
- No

Notes:

4.) While being strangled/choked did you lose any bodily functions?

- Urination – losing control of bladder
- Defecation – losing control of bowels
- Unsure
- No

Notes:

5.) Was anyone else present while you were being strangled/choked?

- Child/Children
- Roommate or other family member in the house
- Unsure
- No one was present at the time

Notes:

6.) Did the abuser say anything to you before or during the strangulation/choking happened? What were you feeling or thinking while it was happening? Do you know what made the abuser stop?

Description:

7.) Did you experience any of the following changes immediately after being strangled/choked?

- Breathing changes (difficulty breathing, hyperventilation (breathing very fast, unable to breathe, etc.)
- Voice changes (raspy or hoarse, whispering or soft voice, coughing or unable to speak)
- Swallowing changes (trouble or painful swallowing, nausea or vomiting, neck pain)
- Bruising, scrapes or scratches, redness or swelling, etc.
- None of the above
- Unsure
- Other

Notes:

8.) Was law enforcement involved? If so did the police officer(s) ask or talk to you about the strangulation/choking?

- Yes law enforcement was involved, yes they spoke about the strangulation/choking
- Yes law enforcement was involved, no they did not speak about the strangulation/choking
- No law enforcement was not involved

Notes:

9.) Did you seek medical attention? If yes, did the medical provider ask or talk to you about the strangulation/choking? What medical procedures were conducted?

Description: